Volume 41, No. 38 www.whiteman.af.mil FRIDAY, SEPT. 26, 2003

# 9-Line Target



Now is the time to get in shape

# **News in Brief**

#### Senior airman BTZ results announced

The September Senior Airman Below-the-Zone results were announced Sept. 19. These airmen first class were selected:

Julie Thomas, 509th Operations Support
Squadron, Lehjade Menchavez, 394th Combat Training Squadron, Kimberly Cardone and Kerri Kellner,
509th Medical Group, Valerie Deverney, 72nd Test
and Evaluation Squadron, Ranisha Johnson, 509th
Services Squadron, Emily Renner and Charles Whaley, 509th Security Forces Squadron, Scott Adam,
509th Maintenance Squadron, Eric Dobbins and
Edward Yacobozzi, 509th Logistics Readiness
Squadron, Joseph Morgan, Brian Perez and Michael
White, 509th Aircraft Maintenance Squadron, and
Michael Dailey, 509th Munitions Squadron.

#### Commander's Calls set

Col. Doug Raaberg, 509th Bomb Wing commander, hosts mandatory commander's calls Monday for airmen at 11:30 a.m. and NCOs at 1:30 p.m. at the base theater, and for officers at 4 p.m. at Mission's End.

#### Hot water outage scheduled

A hot water outage is scheduled for 8 a.m. Saturday until 4 p.m. Sunday affecting all the dormitories and Ozark Inn. The base heat plant will be doing maintenance on the water system.

# Warrior run Tuesday

A 509th Bomb Wing warrior run takes place 7:30-9 a.m. Tuesday on the runway. Parking is available at S-6 and the north parking ramp. Drinks and fruit will be provided by the fitness center.

#### **Amnesty week**

The 509th medical Group is holding an amnesty week 7:30 a.m.-4:30 p.m. Monday-Oct. 3 at the family practice clinic. This allows past patients the opportunity to turn in borrowed crutches.

## **AWANA** moves to new location

The chapel's AWANA Bible club has moved to a new location. Children in grades 3-6 meet 6-7:30 p.m. Tuesdays at the base deployment center and grades 7-12 meet 6-7:30 p.m. Mondays at the chapel. Volunteers are welcome. For more details, call Susan Wagner at 563-3327.

## MSS schedules closure

The 509th Mission Support Squadron closes at noon Oct. 3 for a squadron event. In case of an emergency, call Master. Sgt. Mark Revel at 660-525-4395.



Photo by Staff Sgt. Francecsa Popp

# **Donate today**

The Combined Federal Campaign began here Monday and ends Oct. 31. The 509th Bomb Wing senior leaders look on as wing commander Col. Doug Raaberg signs his CFC contribution form. Pictured are: Cols. Gary Finchum, 509th Mission Support Group commander, Curtiss Petrek, 509th Operations Group commander, Ned Schoeck, 509th BW vice commander, Rick Bachmann, 509th Medical Group commander, and Chris Matson, 509th Maintenance Group commander, and Chief Master Sgt. Keith Cobb, 509th BW command chief master sergeant. See Page 8 for more CFC information.

# B-2 successfully drops 80 JDAMs in test

By Master Sgt. Dee Ann Poole

Public Affairs

The Joint Direct Attack Munition revolutionized warfare in its combat debut during Operation Allied Force on March 24, 1999, when 32 2,000-pound bombs were dropped from two B-2s. During Operations Enduring Freedom and Iraqi Freedom, it became the warfighter's weapon of choice. And now, the JDAM System Program Office at Eglin Air Force Base, Fla., is once again raising the bar.

After a buildup of demonstration tests at Edwards Air Force Base, Calif., a B-2 successfully dropped 80 500-pound JDAMs at the Utah Test and Training Range Sept. 10, making the weapon even more valuable to our warfighters.

"The test program has been run magnificently," said Brian Rutledge, JDAM program manager. "The demonstrated capability of the B-2 with 80 JDAMs will revolutionize how we prosecute targets."

Lt. Col. Britt Bankson, 72nd Test and Evaluation Squadron commander, agrees. "This combat capability allows us to carry and deliver our maximum payload — 40,000 pounds of weapons."

Bankson said the test was tremendously accurate because all 80 bombs hit well inside the acceptable miss distance and many were direct hits.

The JDAM is a low-cost guidance tail kit that converts existing unguided free-fall bombs into accurate, adverse weather "smart" munitions.

This historic drop expands the B-2's target opportunities per sortie, enabling it to strike 80 different targets with tremendous accuracy and precision while also decreasing the time aircrew members spend in harm's way.

"This new capability leverages the existing unique capabilities of the B-2," said Rich Walley, who is responsible for future improvements to the JDAM weapon systems. "With the addition of 80 500-pound JDAMs vs. 16 of the 2,000-pound JDAMs, you effectively increase that strike capacity of each aircraft 500 percent. You hold more targets at risk sooner, potentially shortening the air war."

Maj. Jeff Long, 393rd Bomb Squadron, said many of the



Photo by Master Sgt. Mike Nixon

Members of the 509th Munitions Squadron validate assembly time of the 500-pound Joint Direct Attack Munition.

targets in the last three conflicts didn't necessarily need the explosive power of a 2,000-pound munition.

"But nothing else was available that could be delivered with the desired accuracy and in all weather conditions," Long said. "Now, we have options and can offer more flexibility and lethality from a single aircraft.

"The 500-pound JDAM is a true force multiplier. It allows the 509th to offer theater combatant commanders greater mass to go with the B-2's stealth, precision and long-range strike capability," the major said.

Staff Sgt. Marcy Miller is a weapons loader with the 393rd Aircraft Maintenance Unit. She has seen the B-2 mature from Operation Allied Force in 1999 to Operation Enduring Freedom in 2001 and Operation Iraqi Freedom this year.

"This new capability to drop an astounding amount of fire power that is so accurate brings the B-2 into another

See DROP, Page 3

# **COMMENTARY**

# Commander's Corner

FINALLY, THEY'RE HOME! AEF 7/8 is officially complete for the 509th Bomb Wing. This week, Staff Sgt. Robert Schultz, 509th Maintenance Operations Squadron, and Tech. Sgt. Gerald Aguilar, 509th Communications Squadron, returned home after three and nine months, respectively, in support of Operation Iraqi Freedom. I want to personally thank all of our deployees and their



families for their ultimate contribution to these endeavors you're commitment is unwavering.

**GUAM AND BACK.** My hat's off to the 325th Expeditionary Bomb Squadron for their outstanding deployment to Guam for Coronet Dragon 49. Yes, they deployed as an expeditionary bomb squadron!

Once again, we demonstrated the quality team effort it takes to rapidly deploy two B-2s and 100 personnel to the Pacific area-of-responsibility. This couldn't have been more successful without the tremendous support of the Guard and Reserves. I would like to publicly thank the 190th Air Refueling Group from Forbes Field, Kan., and the 507th Air Refueling Wing from Oklahoma City for providing the KC-135s that transported our team to the AOR

**KUDOS TO OUR CIVILIANS.** Congratulations to Dennis Spear, 509th CES, for reaching 30 years of civil service. I met him this week as he was working with our

airmen on a new flying-hour sign in front of the 509th Operations Support Squadron building. He was proud to have reached this significant milestone at Whiteman.

Also, another thank you goes out to Fred Peters and Bernie Jones, 509th CES, for their diligent work on our new "Team Whiteman Monthly Flying Goals" board. The board will be up for display on Spirit Boulevard in the coming weeks

**TOP VEHICLE ROLL-BY.** During the recent vehicle roll-by inspection, I was particularly impressed with the outstanding condition of our equipment. Master Sgt. Ronald Rode and his entire team of vehicle maintainers from the 509th Logistics Readiness Squadron have, once again, masterfully kept your vehicles in top-notch condition.

Additionally, there were two airmen who impressed me the most. Senior Airmen Kamarudini Raimi and Jaime Torres from the supply-side of LRS did a magnificent job on their 1993 truck ... it looked like a 2003! What was more exciting was their motivation to do better than best! Way to go.

MEDICAL GROUP ROCKS. Making an appointment gets better! This week the 509th Medical Group announced the new Internet access for making an appointment. Try it out. You can now access the appointment system online via http://www.tricareonline.com. While I was typing this article, I gave it a shot and accessed the Web page ... the system works. Your medical team has "kicked it up a notch" for their costumers.



Photo by Airman 1st Class Nick Martin

The *Spirit of Kitty Hawk* lands at Andersen Air Force Base, Guam, as Mike Villa Gomez, KUAM TV cameraman, films its approach.

ACC SAFETY-DAY THOUGHT. This Monday, we'll have a full day devoted to safety. I've included safety items in my commander's calls. Your squadron is well armed with materials to make this a very productive day. You can thank wing safety for that. I encourage you to commit yourself to a safe and productive year ahead. Our goal in 2004 is to continue our record of zero Class A or B mishaps — air, ground or weapons. Additionally, we should strive to have zero motorcycle- or motor vehicle-related incidents. Wear those seat belts and start us on the path to a successful and safe year.

# 509ers show initiative during global power mission

By Lt. Col. Scott Vander Hamm

325th Bomb Squadron Commander

#### At the ready

Readiness and success are two words that go hand-inhand. People and organizations must be ready and willing to act when opportunities present themselves. Action sets the U.S. military apart from other instruments of power. Our allies and enemies know we'll succeed because we're ready and willing to act.

I saw first hand the 509th's readiness in action during our recent global power exercise to the South Pacific for Operation Coronet Dragon 49. Employing and deploying to this historic region required members from every group. The wing teamed with civilians, Air Force Reserve and Guard to bring the B-2 message to Andersen Air Force Base, Guam. The result: resounding success across the board. From aircraft maintenance to weapon drops, security of our assets to forces at media events, we demonstrated our nation's global strike capability to just having good, clean fun.

#### Initiative the key

Theodore Roosevelt said, "There's nothing brilliant or outstanding in my record, except perhaps this one thing: I do the things that I believe ought to be done. And when I make up my mind to do a thing, I act."

Likewise, the 509th Bomb Wing's success didn't just happen — it took initiative! Initiators don't wait around for others to take responsibility or to motivate them — they act. This is exactly what Lt. Col. Steve Basham, Maj. Mike Pyburn, Capt. Shawn Cotton, Chief Master Sgt. Raymond Reph, Senior Master Sgt. Bill Fowler, Master Sgts. Harvey Catchings, Gregg Gangemella, Larry Rigdon and Bill



Photo by Airman 1st Class Nick Martin

Lt. Col. Scott Vander Hamm, 325th Bomb Squadron commander, is interviewed about Coronet Dragon 49 by Ken Wetmore, KUAM news anchor Guam. Coronet Dragon 49 is a Global Power exercise to asses the deployment and combat readiness of the B-2 stealth bomber.

Vance, Tech. Sgt. Steven Scott, Gerry Harley and numerous others did to ensure our success — they acted. Their initiative, vision and sheer determination inspired the team to do its best!

#### There will be risks

Team success is derived from leadership that's willing to

act. These actions may involve varying degrees of risk. You're part of a wing where action and risk are ingrained in our culture since the beginning. The 509th Composite Group was filled with warriors handpicked to carry out the most sensitive mission our nation ever attempted. Their success, deployment and employment from the same theater, where we spent the last week, became our nation's success ... the end of World War II. Their willingness to act and take risks are just a few of the qualities ingrained 509ers.

#### Setbacks ... part of the process!

Operation Coronet Dragon 49 didn't take place without setbacks. This deployment was initially planned and scheduled for the last week of August. Some very wise leaders postponed the exercise. However, this "bad" news didn't inhibit the initiating leaders I mentioned earlier. They immediately began to act. Faced with the cancellation of the global power exercise, they rallied, redrew plans, coordinated airlifts, cancelled and changed every detail associated with moving people, airplanes and parts, and ultimately ensuring the wing's success.

There were mistakes made along the way and much learning in the process. But experienced leaders don't let failure or setback bother them. They pushed themselves, their squadrons, groups and the wing to attain unprecedent-

Step out today, commit to stay ready, act when called upon, be an initiator and expect setbacks as you continue to press toward the mark.

It's a great privilege to serve the men and women of Team Whiteman. Thank you for the many sacrifices you make to accomplish our mission, here and abroad. May God continue to bless our nation and you as you endeavor to serve.

## **Editorial Staff**

Published by The Sedalia Democrat, a private firm in no way connected with the U.S. Air Force, under exclusive written contract with Whiteman Air Force Base.

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The deadline for article submissions to the Whiteman Spirit is noon Friday. If a holiday falls on Friday, the deadline then becomes 4 p.m. Thursday. Articles will be published on a space-available basis. Submission doesn't guarantee publication.

For more information, call the *Whiteman Spirit* office at 687-6133, fax us at 687-7948, e-mail: whiteman.spirit@whiteman.af.mil or write to us at:

509th BW/PA, 509 Spirit Blvd. Ste. 111 Whiteman AFB, Mo. 65305

# Air Force launches climate survey

By Richard Salomon

Air Force Manpower and Innovation Agency Public Affairs

RANDOLPH AIR FORCE BASE, Texas (AFPN) -

Air Force leaders at all levels want to know, "How is my organization doing?" The 2003 Air Force Climate Survey begins Wednesday to answer this question with the help of Air Force people.

Their participation in the survey is critical, said senior

"Leadership must be made aware of what's really going on out there," said Secretary of the Air Force James Roche. "By taking a few brief moments to fill out this survey, you can help your leaders understand your concerns, and ultimately better serve you and our nation's interests.'

Previous surveys included active-duty airmen and appropriated-fund civilians. This year, the survey also will include the Air Force Reserve, Air National Guard, non-appropriated fund civilians and students in a temporary-duty status.

We want to make sure all members of the Air Force team have an opportunity to participate," said Lori Marcum, the survey's team leader. "Leaders at all levels use the Air

Force Climate Survey to target areas for improvement. In order to create positive changes within an organization, (leaders) must know where to begin. This survey provides everyone an opportunity to speak out about strengths and areas for improvement in their organization."

The survey ends Nov. 23 and can be completed online at http://afclimatesurvey.af.mil anytime during the survey period from either a government computer (dot-mil) or personal computer (dot-com).

Because Air Force leaders expect candid feedback, the survey team has taken extraordinary measures to ensure privacy by using advanced information-masking software. Anonymity continues to be a key factor of the survey, offi-

Results will be released early in 2004, said Gen. John Jumper, Air Force chief of staff.

The U.S. Air Force is the finest in the world, a great place to serve and raise our families. We share a commitment to make it better," he said.

Survey participation has climbed from 39 percent in 1997 and 36 percent in 1999 to more than 65 percent of active-duty airmen and civilians in the 2002 survey.

# Officials set holiday mailing dates, policies

By Staff Sgt. Todd Lopez

Air Force Print News

**WASHINGTON** — The dates for mailing items to and from overseas locations in time for the holidays are fast approaching, and Military Postal Service Agency officials have suggestions for ensuring packages and letters arrive on time.

In fact, customers who mail early may save money and still have an ontime delivery, said Mark DeDomenic, chief of operations at the agency.

"As we get closer to Christmas, the mail volumes get higher, and therefore mail takes longer to be delivered," he said.

The recommended mail deadlines for sending mail from the United Sates to overseas military mailing addressees for the holidays are:

- ✓ Parcel post: Nov. 13
- ✓ Space-available mail: Nov. 28
- ✓ Parcel-airlift mail: Dec. 4
- ✓ Priority and first-class letters or cards: Dec. 11

DeDomenic said these dates can also be observed by customers sending mail from overseas locations to the United States.

Customs forms are required on international mail, and shipments should be properly packaged before sending them overseas, DeDomenic said.



Photo by Staff Sgt. Francesca Popp

Staff Sgt. Jeffrey Dickson, 509th Civil Engineer Squadron, and Airman 1st Class Jared Pilant, Security 509th Forces Squadron, prepare to mail packages.

remember to ensure they package their parcels in strong boxes and use a lot of packing material," DeDomenic said. "Popcorn or newspaper makes for great packaging

He also suggested customers use a nylon-fiber reinforced tape to bundle up their packages.

"Keep in mind that packages "Customers should always going to military addresses overseas are handled many times and travel long distances. Therefore, strong boxes and good internal packing is important," DeDomenic said.

While the United States has restrictions on mailing items such as poisons and weapons, other countries have their own restrictions for what can be mailed, DeDomenic said. Postal customers must consider the length of the journey overseas and the final destination when considering what to send.

"I would advise customers to not mail perishable items and to ensure they do not mail things such as batteries, hazardous materials or weapons," DeDomenic said. "Items such as coffee or tobacco are restricted to certain locations. If there is any doubt as to the mailability of particular items, customers should always check with their local post office.'

Because of security restrictions, mass-mailing operations such as Operation Dear Abby or the "Any Service Member" mailing program are not being supported by the agency, DeDomenic said.

Postal agency officials encourage service members to support the publicly available Web sites http://www.defendamerica.mil, http://www.anyservicemember.org and http://operationsdearabby.net that allow the American public to write supportive letters to them.



Photo by Master Sgt. Mike Nixon

Staff Sgt. Andrew Heisler, 509th Munitions Squadron, verifies that the FZU-48 is connected to forward and aft fuzes after installation.

# DROP, continued from Page 1-

arena. There are endless possibilities for our commitment to global reach and global power," Miller said. "In the five years I've worked on this aircraft, I have seen it mature into a war fighting machine. It's exciting to see the new developments and be part of them."

While the 500-pounder brings tremendous capability to the B-2 and Air Force, it also increases the work load for Whiteman's munitions troops and weapons loaders.

"What most folks don't know is that Whiteman has played a huge part in its development," said Chief Master Sgt. Bart Ivy, 509th Munitions Squadron maintenance superintendent.

While it was in design, Boeing representatives visited Whiteman and talked with weapons loaders and munitions troops. Boeing reps walked away with input from weapons loaders about adequate clearances in the bomb bays while munitions troops helped with the design to make the weapon easier to build and ensure compatibility with the current fielded equipment.

Ivy said that in April, MUNS members supported the JDAM Program Office with a Mean Time To Assembly demonstration to validate that the 500-pound weapon could be built within specified built times. He said the 15-member team performed "brilliantly."

"We blew the times out of the water when we were tasked to build 20 JDAMs in one hour on the munitions assembly conveyor and 40-foot railed trailer. These builds were completed in just 22 minutes on the MAC and 27 minutes on the railed trailer. We proved we can assemble the new 500-pound JDAM in the same time it takes to build a standard MK-82," the chief said.

Ivy said that while munitions assembly time isn't increased, the component preparation time increases because each fin must be tested to ensure it has the correct software loaded.

"This process takes about 3 to 5 minutes per fin, depending on whether or not new software is loaded. This means we have added a worst case of six to seven hours of maintenance to each aircraft load," Ivy said.

The Global Positioning System and Inertial Navigational System-guided weapon is available in three variants to the warfighter: the 2,000-pound MK-84, the 1,000-pound MK-83 and the 500-pound MK-82. The B-2 carries the MK-84 and MK-82. (Senior Airman Ryan Henson, Air Armament Center Public Affairs, contributed to this report.)

# 36 days until ESOHCAMP

(Editor's note: The 509th Civil Engineer Squadron Environmental Office is available to answer questions 509ers may have about the external Environmental Safety and Occupational Health Compliance Assessment Management Program Nov. 2-7. This week's topic is occupational health.)

#### Hazardous communication areas of concern:

- ✓ Chemical inventories not matching stored items
- ✓ No. 3952 for hazardous items in shop
- ✓ Material Safety Data Sheet filed not the same product in storage
  - ✔ Operating instruction not updated

## **Respiratory protection areas of concern:**

- Operating instruction not updated
- ✓ Personnel overdue for annual fit testing

Eyewash station inspections not being completed on schedule.



Senior Airman Summer Conner, 509th Medical Support Squadron bioenvironmental engineering technician, takes a water sample to check for bacteria and ensure the water is safe for drinking.



Courtesy photo

# Squeaky clean

Col. Ned Schoeck, 509th Bomb Wing vice commander, washes the 393rd Bomb Squadron's tiger van as squadron members look on. The 393rd BS Spouses' Group held a fundraising auction last fall, in which Schoeck volunteered his services to the highest bidder. The colonel offered a seat in his lawn chair, provided cold beverages and a car wash. The squadron members bid \$200 to win the auction.

# This space is reserved for advertisements

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# **ALS graduates 32 future NCOs**

Airman leadership school Class 03-G graduated 32 senior airmen in a ceremony-Sept. 18 at Mission's End.

The award winners were:

John Pilla, 509th Civil Engineer Squadron, John L. Levitow and Leadership awards.

**Steven Allen**, 509th Security Forces Squadron, Distinguished Graduate and Academic Achievement Award.

Manuel Ybarra, 509th CES, Distinguished Graduate

The other graduates were:

Jorge Badillo and Clinton

Berry, 509th Maintenance

Squadron.

Dominic Burt, Kevin Hemme, Pedro Jimenez, Michael Priessman, Stephen Ward, and Francis Wilkes, 509th Security Forces Squadron.

Christy Carr, Amy McCall, Steven

**Teteth**, and **Tina Warwick**, 509th Logistics Readiness Squadron.

Steven Criswell, Brent Hansen, Kerry Parsons, Ryan Goodson and Larry Norsworthy, 509th CES.

Brian Crowe and Michael Goethe, 509th Communications Squadron.

Justin Donley, Chad Imes, Adam McAliley, Roy Murray and Jaime Valdez, 509th Aircraft Maintenance Squadron.

Terence Horn, 509th
Operations Support Squadron
Marcus Hunter, 509th
Munitions Squadron.

**John Kowalczyk**, 72nd Test and Evaluation Squadron.

**Joshua Sterns**, 10th Air Support Operations Squadron, Fort Riley, Kan.

**Loren Van Pelt**, 509th Services Squadron.



# Combined Federal Campaign continues

The annual Combined Federal Campaign began here Monday and ends Oct. 31. The wing's goal is to top \$100,000, which is a slight increase from last year's goal of \$95,000.

CFC allows federal employees to donate to the charities of their choice without worrying about the organization's legitimacy. CFC lists hundreds of charitable organizations ranging from the American Red Cross to the Young Men's Christian Association of America.

For more information, call your unit's CFC representative.

The Whiteman CFC points of contact are:

2nd Lt. Andrew Heo, 509th Mission Support Group,

2nd Lt. Nathan Hogan, 509th Communications Squadron,

2nd Lt. Allen Branco, 509th Civil Engineer Squadron,

Senior Master Sgt. Samuel Meta,



509th Security Forces Squadron, Capt. Ray Madrid, 509th Services

Capt. Daniel Hatchel, 509th Logistics Readiness Squadron,

Staff Sgt. Michael Schmutz, 509th Mission Support Squadron,

Tech. Sgt. Robert Goeke, 509th Contracting Squadron,

Capt. Mark Swank, 509th Medical Group,

2nd Lt. Beth Robinson, 509th Operations Group,

2nd Lt. Matt Cooper, 325th Bomb Squadron,

2nd Lt. Scott Daggett, 393rd BS, Senior Airman Dorian Settles and Staff Sgt. Danielle Gresser, 509th Operations Support Squadron,

1st Lt. David Ems, 509th Mainte-

1st Lt. Ryan Baker, 509th Maintenance Squadron,

Tech. Sgt. Craig Barylski, 509th Aircraft Maintenance Squadron,

Master Sgt. Ray Guest, 509th Munitions Squadron,

Capt. Pete Soto, 509th Maintenance Operations Squadron,

Master Sgt. Cory Nicolson, 509th Bomb Wing Staff,

Staff Sgt. Nichole Maniscalco, 509th Comptroller Squadron,

2nd Lt. Jason Hamilton, 72nd Test and Evaluation Squadron,

Capt. Robert Fritts, 442nd Fighter Wing, and

Army Staff Sgt. Houston Goodwin, Missouri Army National Guard.



Photo by Melaney Verran

# Stealthy flyover

Col. Ned Schoeck, 509th Bomb Wing vice commander, and Maj. Troy Van Bemelen, 394th Combat Training Squadron, fly over Kansas City, Mo., to help kickoff the Combined Federal Campaign. The wing's goal this year is \$100,000. CFC began Monday and ends Oct. 31.



Photo by Airman 1st Class Nick Martin

Airman 1st Class Donald Thomason, 509th Aircraft Maintenance Squadron, uses the myPay kiosk. He was able to print his leave and earnings statement and stopped his hard-copy LES.

# **New service boosts** mission capabilities

By 1st Lt. Jason Williams

509th Comptroller Squadron

If you've been to finance recently, you may have noticed a new myPay customer service kiosk. The kiosk enables customers to take control of their own pay. Finance office comptrollers have the ability to assign customers personal identification numbers.

MyPay allows active duty, reservists, civilians and retirees to take charge of their pay accounts online at anytime. The myPay initiative is an example of transformation in technology that pushes resources back to the war fighters.

MyPay allows members to view their pay and leave information up to a week before receiving their hard copy statements — a tremendous planning tool. MyPay also lets people make online tax changes, and update their direct deposit information. Future enhancements will include viewing paid travel vouchers and making allotment changes.

MyPay improves mission capabilities, allowing people to stay focused on their duties and not wait in the customer service lobby. This is important with the increased deployment tempo and limited manpower resources.

Furthermore, myPay saves millions of dollars in printing, postage and labor costs. These cost savings are ultimately returned to the war fighting effort — our ultimate objective. In fact, the Air Force plans to stop sending the hard-copy leave and earnings statement by December 2003 — all the more reason to get your PIN now.

For more details, call 1st Lt. Jason Williams at 687-5389 or 2nd Lt. Mary Kelley at 687-5378.

Good on ya!

Maj. Clayton Perce, 509th Communications Squadron commander, gives Stephen Gunter, 509th CS, the Exemplary Civilian Service Award. The award is given based on outstanding service supporting a command mission for one year or a single act that significantly contributed to a command mission. Gunter restored seven miles of sensored fence line following an ice storm that collapsed 90 percent of the sensor system.



Courtesy photo

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# **Whiteman Spirit Award**



Staff Sgt. Mike Gaddis

509th Communications Squadron

Staff Sgt. Mike Gaddis, 509th Communications Squadron, received the Whiteman Spirit Award from Col. Doug Raaberg, 509th Bomb Wing commander, Monday.

Maj. Don Langley, 509th BW, nominated Gaddis for providing communications support to a wide range of public affairs community events.

The major said Gaddis designed a slide show commemorating two years of Air Force activities in response to the Global War on Terrorism, for viewing by key local leaders at the base community council luncheon.

"With only a bare sketch of the desired product, Sergeant Gaddis produced a fantastic show in only two days, ensuring our civilian community partners understand the contributions Whiteman has made to national defense in the last two years," Langley said. "His flexible support helps ensure a high-quality program each month, providing audiovisual support to visiting astronauts, book authors and air show organizers."

Regardless of the challenge or the amount of time he has to solve it, Langley said Gaddis "gets it done."

#### Personally Speaking

**Duty Title:** NCO in charge of base graphics

Time on Station: 5 years Time in Service: 12 years Hometown: Muncie, Ind.

Spouse: Barbara

**Children:** Megan, 9, and Mollie, 7

**Hobbies:** Building computers, fishing and online gamng.

**Goals:** Complete my bachelor's degree and have a successful career after I retire from the Air Force.

**Best thing about Whiteman:** The location and rich heritage of the 509th Bomb Wing.

**Pet Peeves:** People who leave their cars running unattended.

What motivates your winning spirit?: Working with the best multimedia members in Air Combat Command.

If you could change one thing about Whiteman, what would it be?: I would add a woodworking hobby shop to the arts and crafts center.

## **Submitting a Whiteman Spirit Award**

Individuals are nominated from within their units or by customers impressed by the individual making Whiteman a better place to live and work by going far beyond his or her assigned duties to "make it happen."

If you know someone who has the Whiteman Spirit, send the nomination to the 509th Bomb Wing Public Affairs Office, Bldg. 509, Suite 111, or e-mail whiteman.spirit@Whiteman.af.mil.



Did you know you can fill out a Department of Defense Form 2266, Hometown News Release, for a variety of accomplishments? For more details, call Staff Sgt. Francesca Popp at 687-6130.

FRIDAY, SEPT. 26, 2003 **FEATURE** WHITEMAN SPIRIT

# FRIDAY, SEPT. 26, 2003

# For your courage, bravery and sacrifice, we salute you



Former prisoners of war bow their heads during a moment of silence dedicated to former POWs, veterans and those who are still missing in



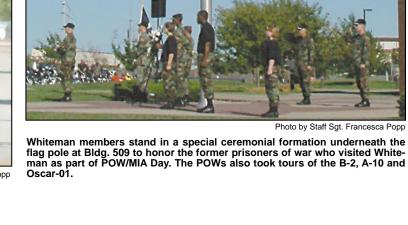
Members of the 394th Combat Training Squadron run a leg of the 24-hour vigil run at Skelton Park. The run began at 4 p.m. Sept. 18 and ended at 4 p.m. Sept. 19 at Bldg.



Airman 1st Class Mario Salaiz, 509th Civil Engineer Squadron, plays "Taps" as Whiteman members render salutes. Nearly 300 people attended the event



Photo by Staff Sgt. Francesca Popp Motorcycle riders roar along Spirit Boulevard at the start of the POW/MIA Remembrance Day Ceremony.





T-38's fly in a "missing man" formation over Bldg. 509 during the playing of "Taps." The flyover signified the end of the POW/MIA Remembrance Day Ceremony Sept. 19. The pilots who flew the aircraft are: Capt. Jeff Schreiner, 393rd Bomb Squadron, Lt. Col. Brian Zembraski, 509th Operations Support Squadron, Capt. Doug Bouton, Maj. Scott Hannan, Capt. James Price, Majs. Steve Addison and Kevin Raybine, and 1st Lt. Laura Maher, 394th Combat



Staff Sgt. Antwain Mallory, 509th Maintenance Squadron, hands the POW/MIA day flag to Whiteman honor guard member Staff Sgt. Thomas Deppa, 509th Contracting Squadron. Second Lt. Darice Kiefer, 509th Maintenance Operations Squadron, holds the torch which symbolizes remembrance. Airman Amanda Russell, 509th Logistics Readiness Squadron, carried the symbolic scroll. The scroll contains the names of those still missing in action. Russell



Senior Airman Nick Baldwin, 442nd Fighter Wing, speaks with World War II veteran Joseph Bermstein and his wife, Florence about one of the static displays on the flight line. Bermstein, a merchant mariner, was captured by the Germans then sold to the Japanese. He was held prisoner in Japan from



# Civilian Employee of the Week

Merrill Brewer, 509th Logistics Readiness Squadron Traffic Management Office, was nominated for this award by Ralph Wareham, 509th LRS. As the chief of quality assurance, Brewer handles issues involving commercial household goods carriers and their local agents. She monitors the quality of services military and civilian customers receive, and provides feedback to the commercial household goods industry. "Ms. Brewer's performance has been absolutely superb," Wareham said. During the busy season for moving personal property, she worked her assigned tasks and filled in for her supervisor, who had surgery and was unable to return to work. Wareham said Brewer also trained several new people, filled in for others and handled problems associated with the truck weighing scale. "She was also pivotal on performing in and providing expertise to our inbound, outbound and non-temporary storage elements throughout the summer," Wareham said. "Ms. Brewer's dependability, capability and dynamic performance enable us to make it through the summer's busy household goods shipping season with few problems or com-

# This space is reserved for advertisements

# **Spirit Spotlights**

... on Airmen 1st Class John Sullivan, 509th Security Forces Squadron, and Darren Washington, 509th Logistics Readiness Squadron, Staff Sgts. Mike Gaddis, 509th Communications Squadron, and Heath Traugh and David Gott, 509th Aircraft Maintenance Squadron, Master Sgt. Tom Yetzer, 509th Bomb Wing, Capt. David Fuller, 72nd Test and Evaluation Squadron, retired Maj. Dave Rest and Mission's End for making the Agricultural Leadership of Tomorrow tour a success.

... on Airmen 1st Class Eric Hubbard and John Eaton, 509th AMXS, and George Keen, 509th LRS, Senior Airmen Justin Valdez and Daniel Graham, 509th AMXS, Tia Schroeder, 509th CS, and Capt. Bradley Cochran, 394th Combat Training Squadron, for making the Central Missouri State University Foundation tour a success

... on Airmen 1st Class Christopher Leach, 509th LRS, and Justin Reeves, 509th AMXS, Senior Airmen Tia Schroeder, 509th CS, Justin Valdez, 509th AMXS, Micah Stephens, 509th Maintenance Group, Jennifer Adriano, 442nd Fighter Wing, Staff Sgt. Clint Glasgo, and Tech Sgt. Jim Oldeen, 509th MXG, Master Sgt. Joy Miller, 394th CTS, Chief Master Sgt. Michael Cannon, 509th MXS, Capts. Steven Sims, 393rd Bomb Squadron, and Thomas Johnson and Michael Walters, 394th CTS, Army Warrant Officer Michael Williams, Missouri Army National Guard, Col. George Burgess, 442nd FW, retired Maj. Dave Rest, Ozark Inn and Mission's End for making the Salute to Veterans tour a success.

... on **Demi Tecce**, daughter of **Staff Sgt. Erin** and **Kevin Tecce**, 509th Operations Group, for placing first in three categories at the Miss Pre-Teen Missouri Pageant recently

... on Kari, Brooke and Airmen 1st Class Rob Boleak, Shea Dutcher, Adrian Kelly, Alex Lupercio, Adam Walter and Carlos Villalobos, Senior Airman Brian Dela Cruz, Staff Sgts. Kellie Duffendack, Jared Roth and Joe Skogman, Tech. Sgt. Kari Miller, Master Sgts. John Gaudiello, David and Julia Morgan, Heidi Oestreich and Roy Person, Senior Master Sgt. Dana and Rick Phillips, Jennifer and 2nd Lts. Ed Jusino, and Christian Paasch, and Kelly Breuner, 509th AMXS, for either contributing to or running in the 2003 Kansas City Race for the Cure.

... on Airmen Against Drunk Driving dispatchers and drivers Airman Jason Hastings, 72nd TES, Airmen 1st Class Michael Tiangco, Micah Jacobsen and Morrel Muller, 509th CS, Tatum Villareal, 509th Maintenance Squadron, and Theresa Luna, 509th LRS, Senior Airmen Kelly Johnson, 509th Medical Support Squadron, and Michael Tangen, 509th LRS.

... on retired Master Sgt. Robert Hetrick, Mary Bofinger, Emily Horne, Sarah Thompson, Shelia Schneider and Yaritza Diaz for earning recognition on the CMSU summer semester Dean's List.

...on **Airmen 1st Class Jonathan Barnes** and **Jared Hawxhurst**, 509th Operations Support Squadron, for achieving their Air Traffic Control Facility Rating.



#### At Whiteman

People can log onto https://css.acc.af.
mil and subscribe to Whiteman's CSS.
People can choose one or all four
categories that include family support
center, services, Tricare and chapel
information. "This is a good program
for those who don't have immediate
access to base programs," said
Nicole Luning, 509th Services
Squadron Marketing Office. "This service allows the people who subscribe
a way to get information without
coming on base."

# **HAWC** offers fitness tips for healthy exercise habits

(Editor's note: This information is provided by the 509th Medical Group as a safety tool to ensure members are ready for the new changes coming with the Air Force fitness program. For more details, call Fitness Program Manager Nita Hawk at 687-3438 or 687-7662.)

Total health fitness results from a reduction in the risk of heart disease, lower blood pressure, better cholesterol control and an overall improvement in quality of

The surgeon general's guideline for exercise recommends people participate in 30-45 minutes of aerobic activity most days of the week. However, the statistics suggest that only 60 percent of Whiteman's active-duty members are actively engaged in a fitness program.

With the upcoming changes to the Air Force fitness program, 509th Bomb Wing members are preparing for the run. Squadrons are initiating group runs and individuals are beginning exercise programs.

The health and wellness center staff can help people start successful training programs. People can make progress with their workouts by manipulating the intensity, time and variety of training.

That variety should include running by recording a timed run once a week. People should see a gradual increase in their run time endurance.

If you're not exercising regularly now, it's time to start a personal exercise program. Start slowly and progress gradually toward a higher level of fitness.

The first line of defense is being consistent with personal training. These principles will help people begin an exercise program are:

✓ Exercise four to five days a week.

- ✓ Exercise at 65-85 percent of your maximum heart rate.
- ✓ Exercise 30-45 minutes in your target heart rate.
- ✓ Consider endurance-type activities such as walking, running, cycling, rowing, cross-trainer, etc.
- ✓ Change your activity often. This will provide the most effective training results. Strength training can be a great addition to an endurance training program.

Ask yourself questions if you're unsure about starting an exercise program.

If you experience any of these symptoms, stop exercising and make an appointment to see your primary care manager immediately if you:

- ✓ Have chest discomfort with exertion.
- ✓ Experience unreasonable breathlessness.
- ✓ Experience dizziness, fainting, blackouts.

If you have any of these risk factors and have not already talked with your PCM, do so to ensure you're medically cleared.

- ✓ You have a known heart condition or take heart medications.
- ✓ You take blood pressure medication and your blood pressure isn't at its allowable blood pressure level or your blood pressure is greater than 140/90 without medication.
- ✓ You are physically inactive (less than 30 minutes of activity at least three days a week).
  - ✓ You use tobacco products.
- ✓ Your blood cholesterol level is greater than 240 mil-
- ✓ You have a close blood relative that had a heart attack before age 55 (father or brother) or age 65 (mother
  - ✓ You're more than 20 pounds overweight.

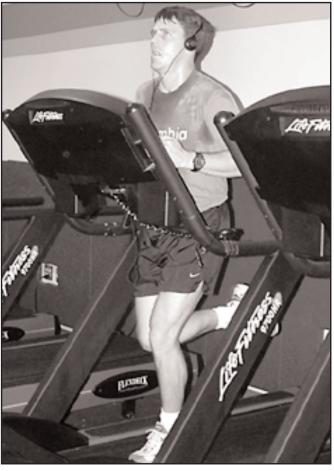


Photo by Staff Sqt. Francesca Popp

Jason Armagost, 509th Operations Support Squadron, takes a midday break to run five miles on the treadmill. He said he works out every other day to help ensure he's ready for the new Air Force fitness standards. Squadron members meet three times a week to work out as a team and are encouraged to exercise on their own.



**NCAA** 

# **Gridiron Challenge**

The Gridiron Challenge is a weekly competition between the 509th Bomb Wing headquarters and groups, and the 442nd Fighter Wing and Missouri Army National

A different person from each organization will select the picks for their unit each

The weekly winner receives a \$5 SeeMore Buck courtesy of the 509th Services Squadron. Last week's winner was Master Sgt. John Davison, 442nd Fighter

**Week Four** 

Wake Forest at Virginia

Notre Dame at Purdue

Texas Tech at Ole Miss

**Professional** 

Chiefs at Ravens

Titans at Steelers

49ers at Vikings

Cowboys at Jets

Washington State at Oregon

Arkansas at Alabama



Maj. Shawn Purvis

Virginia

Purdue

Oregon

Ole Miss

Chiefs

49ers

Steelers

Cowboys

Arkansas



OG

Staff Sgt.



Wake Forest Notre Dame Alabama Washington St. Texas Tech

Chiefs

**Titans** 

49ers

**Jets** 



Chiefs

Steelers

Vikings

Cowboys

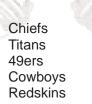
Staff Sgt. James Rollins

Allende Wake Forest Purdue Arkansas Washington St.

Airman 1st

**Class Rene** 

**MSG** 



Ole Miss

MedGp





Purdue Arkansas Oregon Ole Miss

Ch Chiefs Steelers Tita Vikings Vik Cowboys Jet

Purdue Arkansas Washington St. Ole Miss

Virginia

**Ed Sutton** 

niefs	Chiefs
ans	Steelers
kings	Vikings
ts	Cowboys
edskins	Patriots

triots at Redskins	Reaskins	Patriots	Patriots	Reaskins	Reaskins	Reaskins	Patriots
Last Week's Totals	6-4	5-5	4-6	6-4	5-5	7-3	3-7
Season Totals	23-7	16-14	15-15	21-9	18-12	22-8	14-16

The Whiteman Spirit wants to highlight you. Tell us about your sports and fitness event and we'll put it on this page. Call us at 687-6133 or e-mail whiteman.spirit@whiteman.af.mil.



MOARNG





Leif Thompson

Virginia Notre Dame Alabama Oregon Texas Tech



Courtesy photo

# **New track**

The running track around the north base lake is under construction. Construction was scheduled to be completed by June 27, 2004, and is months ahead of schedule. The track will have a 12-foot-wide 1,300-foot asphalt surface. The \$47,000 contract was awarded to Chester Bross Construction of Hannibal, Mo.

# **Air Force Marathon stats**

The Air Force Marathon took place Saturday at Wright-Patterson Air Force Base, Ohio. Five people from Whiteman participated in the marathon. They are:

#### Marathon

Men — David Williamson, 325th Bomb Squadron 4:07:31, 61st place, and David Fuller, Detachment 12 Training Support Squadron, 4:13:34, 159th place.

Women — Dana Phillips, 509th Aircraft Maintenance Squadron, 5:10:38, 75th place.

#### **Half Marathon**

**Men** — **Kevin Wansing**, 509th Logistics Readiness Squadron, 1:55:49, 38th place.

**Women** — **Kerri Kellner**, 509th Medical Operations Squadron, 2:07:37, 34th place.

# This space is reserved for advertisements



Photo by Airman 1st Class Joe Lacdan

# **Precision passing**

Riley Walton, 509th Maintenance Squadron, winds up to pass during the flag football quarterback skills competition Monday. Nick Cruz, 509th Civil Engineer Squadron, placed first. Walton tied for second place with Mike Wittrock, 393rd Bomb Squadron, and Troy Goss, 509th CES. The other participants were Clint Martens, 509th Services Squadron, and Ray White, 509th MXS. The competition was designed to improve each quarterback's skills and boost morale. Six quarterbacks participated in the event, sponsored by the 509th SVS. Towels were awarded to the participants.



# This space is reserved for advertisements



Services Page editor......Nicole Luning 509th Services Squadron......687-3594

\*No federal endorsement of mentioned sponsors intended.

# Outdoor Recreation 687-5565

Fly fishing

Pack a lunch, and bring your pole and tackle for a fly fishing adventure 8 a.m.-5 p.m. Oct. 4 at Bennett Springs State Park near Buffalo, Mo. Larry Pifer, an experienced fly fisherman, will answer questions and help teach skills. The cost is \$5 for transportation and \$3 for the trout permit. Participants 16 and older need a fishing license.

# **Stars & Strikes** 687-5114

#### Sunday family bowling

Kids bowl free for every adult game bowled 11 a.m.-5 p.m. Sundays. The cost is \$2.25 per adult game and \$1 for rental shoes.

#### Cosmic bowling

Cosmic bowling takes place 8 p.m.-midnight Fridays and Saturdays. The cost for each game is \$1.25 and rental shoes are \$1.

# Tickets & Travel 687-5643

#### 'The Lost Spacecraft: Liberty Bell 7 Recovered'

Tickets & Travel offers discount tickets to the "The Lost Spacecraft: Liberty Bell 7 Recovered" in Science City at Union Station. Ticket prices are \$8.50 for adults and \$6.50 for children 4-12. Liberty Bell is open 10 a.m.-5 p.m. Mondays-Saturdays and noon to 5 p.m. Sundays through Jan. 4, 2004.

# **Skills Development Center** 687-5691

#### Youth art contest

Youth ages 8-12 can enter art work at the skills development center Wednesday through Oct. 29. Stop by the skills development center to pick up rules. Judging takes place Oct. 30. This is a free event.

# **Community Center** 687-5617

# Friday night jammin' down

Bring your favorite instrument and join your friends in a free musical jam session at 7 p.m. Oct. 3. Light refreshments will be served.

#### **Guitar lessons**

Beginning and intermediate guitar lessons are available for all ages. The cost is \$15 per 30-minute lesson.

# Mission's End 687-4422

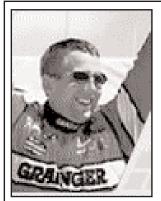
## College football

Watch college football on 11 TVs 11 a.m.-6 p.m. Saturdays in the Lavene Lounge.

# Royal Oaks 687-5819

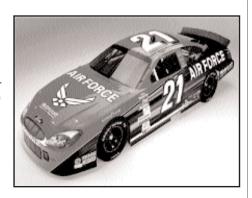
#### **Columbus Day Tournament**

The Royal Oaks Columbus Day golf tournament begins with a 9 a.m. shotgun start Oct. 13. The cost is \$15 plus cart and greens fee. Sign up by Oct. 9.



## 'Racing to Excel' 5:30-8 p.m. Tuesday Missouri Army National Guard Armory

Meet NASCAR Winston Cup rookie
Greg Biffle. A variety of race cars will be on display for viewing, including the No. 21 Air Force
NASCAR. Autographed pictures, die-cast cars
and other collectables will be auctioned. Youth
14 and younger can enter to win one of two
tickets to meet former NASCAR Winston Cup
champion Jeff Gordon. The \$2 admission fee
includes a hot dog, chips and soda.



Sponsored in part by Grainger Industrial Supply, Richard Childress Racing, Air Force Recruiting, GoMotorsports.com, Speedway Chevrolet and NASCART Indoor Racing.\*

# **Family Child Care** 687-5590/1180

## **Extended duty child care**

Register now for the free extended duty child care program. It's available to help parents meet child care requirements for extra duty hours and child care emergencies. Care is provided in family child care homes to augment regular care arrangements.

# Fitness Center 687-5496

## Fitness bingo

Participants can pick up a free bingo card at the fitness center Wednesday through Dec. 31. Prizes will be awarded to the participant who completes the most bingos during the quarter.

#### Cardio 101

Learn the proper techniques for using cardiovascular equipment 11 a.m.-noon Tuesdays. Sign up at the front desk.

#### Strength 101

The fitness center staff holds strength training equipment training sessions 11 a.m.-noon Thursdays. Sign up at the front desk.

# **Library** 687-5614

## Scavenger hunt

Youths ages 9-18 can participate in a scavenger hunt 6:30-8 p.m. Oct. 9 at the library. Participants must sign up in teams of two by Oct. 8. Prizes will be awarded to first, second- and third-place winners. This is open to valid government ID card holders.

# <u>Child Development Center</u> 687-5588

#### Day care openings available

The child development center has full-time openings for 3-to 5-year old children. The program is accredited through the National Academy of Early Childhood Programs.

# **Teen Center** 687-5819

#### TeenSupreme Keystone club

The TEENSupreme Keystone club meets 7-8 p.m. Monday. This free leadership club offers help to others through community service. For more information, call the teen center.

#### **TRAIL** meeting

Training Responsible Adolescents in Leadership club members meet 7-8 p.m. Wednesday at the teen center.

#### Girls make dinner night

Girls can make dinner for the guys at 6 p.m. Oct. 4. The cost is \$3 for members and \$5 for nonmembers. Sign up by Wednesday.

# <u>Youth Center</u> 687-5586

#### **ACC Tween Lock-In**

Fourth through seventh graders can attend the annual Air Combat Command Tween Lock-In 10 p.m. Oct. 3 to 7 a.m. Oct. 4. Youths can play games, win prizes and more. Each participant will receive prizes and a free T-shirt. Food and drinks will be provided. The cost is \$7. Sign up now through Wednesday. The youth center will be closed Oct. 4 for this event.

## Pirate theme night

Kindergartners through fourth graders can watch a movie, make a craft, win a pirate scarf in bingo and more 6:30-9:30 p.m. Thursday. The cost is \$5 for members and \$6.50 for nonmembers. Sign up begins Monday.

#### **Basketball registration**

Registration to play basketball takes place 6:30 a.m.-6 p.m. Wednesday through Oct. 20. The cost is \$25 for members and \$32 for nonmembers. Current physical and shot records must be on file at the youth center for participation. Children must be 5 years old by Oct. 5, 2003. Sponsored in-part by First Command Financial Planning.\*

## Lights on after-school open house

Learn about the importance of after-school care 4-6 p.m. Oct. 9. This free event is open to base members. Participants can win door prizes and enjoy refreshments. Sign up by Oct. 6.

## Whiteman Base Theater

#### Friday

Marci X 7 p.m. R
Starring — Lisa Kudrow & Damon Wayans
When protest breaks out over Dr. S's new CD, owner
of the rapper's record label, Ben Feld is hospitalized by
a heart attack. But his pampered daughter, Marci, who's
never set foot in the business world, steps in, stands up
to Dr. S and tries to tone down his bad-boy edge.

## Saturday

Spy Kids 3-D: Game Over 7 p.m. PG Starring — Antonio Banderas & Carla Gugino The third installment of the successful children's spy series finds Carmen kidnapped and transported into a virtual-reality game created by the Vega family's evil enemy, the Toymaker.

#### Sunday

Grind 5:30 p.m. PG-13 Starring — Mike Vogel & Adam Brody Skaters rule! At least they do in this adventure about four dudes who follow a skateboarding legend around on his summer tour. The four perform wild stunts on their boards and off to get attention of major sponsors who can turn them into stars.

Adults \$3 Youth \$1.50 Movie recording line 687-5110. Movies are subject to change due to availability.

For current movie listings log on to: http://www.aafes.com/ems/conus/whiteman.htm